

“Speaking up about my needs with my doctor helped me find the **right treatment for me.**”

Zenovia W.

Diagnosed with RMS: 2016

Zenovia W. has been compensated for her time.

## Your Choice, Your Voice: Take an active role in your RMS treatment decision

Choosing between RMS treatments can be a big decision, but you've got this.

If you don't know where to start when discussing treatment options with your doctor, it's okay. Just remember **no one knows what matters to you more than you**. So, it's important to speak up with your MS specialist about your needs and actively ask questions to learn more.

MS, multiple sclerosis; RMS, relapsing multiple sclerosis.



Use this exclusive guide to prepare for your next visit.

[Download the Decision Guide](#)

Inside, you'll get helpful info and key questions to ask, like:

- ✓ What kind of results should I be looking for?
- ✓ What are the options for how treatments are taken?
- ✓ How are treatment days scheduled and what do they involve?



See how others have advocated for themselves.

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“Speaking up about my needs with my doctor helped me find the **right treatment for me.**”

*Karina L.*  
Diagnosed with RMS: 2022

For adults only.  
Karina L. has been compensated for her time.

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“Speaking up about my needs with my doctor helped me find the **right treatment for me.**”

— *Andy M.*

Diagnosed with RMS: 2021

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Andy M. has been compensated for his time.

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